

Report to:	Health and Wellbeing Board
Relevant Officer:	Dr Amanda Doyle, Chief Clinical Officer; David Bonson, Chief Operating Officer
Relevant Cabinet Member	Councillor Cain, Cabinet Secretary (Resilient Communities)
Date of Meeting	21 October 2015

LANCASHIRE CHILDREN AND YOUNG PEOPLE’S MENTAL HEALTH, EMOTIONAL WELLBEING AND RESILIENCE TRANSFORMATIONAL PLAN 2015 – 2020

1.0 Purpose of the report:

- 1.1 To provide the Board with an overview and background to the development of the ‘Children and Young People’s Emotional Health and Wellbeing Transformational Plan 2015 – 20’; including an overview of the requirements of NHS England in terms of system change and specific service development.

2.0 Recommendation(s):

- 2.1 The Board is asked to approve the plan attached at Appendix 6(a) and agree the governance structure.

3.0 Reasons for recommendation(s):

- 3.1 In 2014, the Government asked for a Taskforce to understand what needs to be done to improve the emotional health and wellbeing of children and young people. The Taskforce led by MP Norman Lamb reviewed the different aspects of care and services which resulted in a suite of seven documents being published with recommendations for systemic changes.

The leading document is entitled ‘*Future in Mind: Promoting, protecting and improving our children and young people’s mental health and wellbeing*’. This has been collectively produced by Department of Health (DoH), Department for Education (DfE) and NHS England.

Future in Mind recommends that Clinical Commissioning Groups (CCG) take ownership and be the lead organisation around children and young people’s emotional health and wellbeing across all mental health tiers. There is an expectation that the CCG will produce a Transformational Plan relating to this over the next five

years with key partners; local authority – including Public Health, NHS England, third sector and Blackpool Teaching Hospitals. The transformational plans are expected to be completed by 16 October 2015.

The document *Future in Mind* recommends that the Health and Wellbeing Board is the Strategic Forum where the Transformational Plans are owned, accountable to, reported on and led. Blackpool Children and Young People’s Partnership have been briefed around the Transformational Plan. Once the Transformational Plan is complete the Health and Wellbeing Board must agree to and sign it off before submission to NHS England.

3.2a Is the recommendation contrary to a plan or strategy adopted or approved by the Council? No

3.2b Is the recommendation in accordance with the Council’s approved budget? Yes

3.3 Other alternative options to be considered:

There is no alternative option; there is an expectation on CCGs from NHS England that transformation plans will be produced. The deadline for submission to NHS England is 16 October 2015.

4.0 Council Priority:

4.1 The relevant Council Priorities are:

- Safeguard and protect the most vulnerable
- Improve health and well-being especially for the most disadvantaged

5.0 Background Information

5.1 Following the release of Future in Mind the following Transformational and Systemic work is currently underway across Blackpool with the CCG being the lead partner agency around Children and Young People’s Emotional Health and Wellbeing in Blackpool.

5.2 There is an expectation that each CCG locality area co-ordinates the effort across all agencies in relation to how Children and Young People (CYP) Emotional Health and Wellbeing Services are delivered. There is an expectation that transformational change is implemented. Delivering this means making some real changes across the whole system. It means that the NHS, all services within the local authority (public health, social care, schools and youth justice sectors) must work together to ensure the following:

1. Promoting resilience, prevention and early intervention – Place the emphasis on building resilience, promoting good mental health, prevention and early intervention;
2. Improving access to effective support – a system without tiers – Simplify structures and improve access: by dismantling artificial barriers between services by making sure that those bodies that plan and pay for services work together, and ensuring that children and young people have easy access to the right support from the right service;
3. Care for the most vulnerable – Deliver a clear joined up approach: linking services so care pathways are easier to navigate for all children and young people, including those who are most vulnerable, so people do not fall between gaps;
4. Accountability and transparency - Harness the power of information: to drive improvements in the delivery of care, and standards of performance, and ensure we have a much better understanding of how to get the best outcomes for children, young people and families/carers and value from our investment.
5. Developing the workforce - Sustain a culture of continuous evidence-based service improvement delivered by a workforce with the right mix of skills, competencies and experience.
6. Make the right investments: To be clear about how resources are being used in each area, what is being spent, and to equip all those who plan and pay for services for their local population with the evidence they need to make good investment decisions in partnerships with children and young people, their families and professionals. Such an approach will also enable better judgements to be made about the overall adequacy of investment.

5.3 CCGs will be expected to submit Transformational Plans to NHS England clearly articulating the case for change and evidencing how this will be achieved with all partners over the next five years. The case for change originates from the Department of Health and the Department for Education following governmental work in this area.

5.4 Due to considerable investment in Blackpool from BIG Lottery (Better Start, HeadStart and Fulfilling Lives), around emotional well-being and mental health, the Transformational Planning is timely in that it provides the Strategic Framework to ensure that this work is linked together to ensure a coherent system. This is a must to ensure that complex commissioning arrangements and funding of new programmes is seamlessly linked and creates system change that is effective.

5.5 There will be considerable investment made by central government through CCGs over the next five years to support the transformational process. This investment will be in addition to the baseline budget. As well as the overall expected change highlighted in section one there are key areas where investment is ring-fenced and specific service development is expected. They are:

- 5.6
- Link Specialist Children and Adolescent Mental Health Services (CAMHS) to schools and to services where there are vulnerable children and young people;
 - Implement CYP Increasing Access to Psychological Therapies (IAPT);
 - Develop services for young people who have been sexually assaulted and/or are victims of Child Sexual Exploitation;
 - Improve services for children and young people with autism and learning disabilities;
 - Develop robust peri-natal mental health provision;
 - Develop an Eating Disorder service that is in line with the National Institute for Health and Care Excellence (NICE) guidance;
 - Develop self-harm services and pathways;
 - Establish a one stop shop that is easily accessible by children and young people.

Does the information submitted include any exempt information?

No

List of Appendices:

Appendix 6(a) – Lancashire Children and Young People’s Mental Health, Emotional Wellbeing and Resilience Plan

Appendix 6(b) – Plan on a page

6.0 Legal considerations:

6.1 None

7.0 Human Resources considerations:

7.1 None

8.0 Equalities considerations:

8.1 None

9.0 Financial considerations:

9.1 None

10.0 Risk management considerations:

10.1 None

11.0 Ethical considerations:

11.1 None

12.0 Internal/ External Consultation undertaken:

12.1 To ensure that this is realised a visioning event was held on Monday 7 September that included all key stakeholders and partners. The purpose of the event was to inform key stakeholders of the transformational planning process; consult with and engage key stakeholders in the transformational planning process; begin the process to create a five year vision that will feature in the transformational plan and inform systemic change.

13.0 Background papers:

13.1 Future in Mind: Promoting, protecting and improving our children's mental health and wellbeing

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf