

<b>Notice of:</b>	<b>EXECUTIVE</b>
<b>Decision Number:</b>	EX14/2020
<b>Relevant Officer:</b>	Sharon Davis, Scrutiny Manager
<b>Relevant Cabinet Member</b>	Councillor Simon Blackburn, Leader of the Council and Cabinet Member for Adult Social Care and Health
<b>Date of Decision</b>	4 March 2020

## HEALTHY WEIGHT SCRUTINY REVIEW FINAL REPORT

### 1.0 Purpose of the report:

1.1 To consider the Healthy Weight Scrutiny Review final report.

### 2.0 Recommendation(s):

2.1 To consider the report and offer a response to the recommendations contained within the Action Plan, forwarding the recommendations to the relevant organisation for consideration and implementation.

### 3.0 Reasons for recommendation(s):

3.1 The recommendations contained within final report seek to deliver improvements in service.

3.2a Is the recommendation contrary to a plan or strategy adopted or approved by the Council? No

3.2b Is the recommendation in accordance with the Council's approved budget? Yes

3.3 Other alternative options to be considered:

The Executive must consider the recommendations outlined in the Scrutiny Review but may accept them, reject them or vary them.

### 4.0 Council Priority:

4.1 The relevant Council priority is: "Creating stronger communities and increasing resilience".

## **5.0 Background Information**

5.1 At the Adult Social Care and Health Scrutiny Committee in February 2019, Members considered an update on Healthy Weight. At that meeting, it was agreed that due to the significant level of work ongoing around healthy weight and the importance of the topic in Blackpool, that an in depth scrutiny review be carried out.

5.2 A large amount of preparatory work was undertaken for the meeting and an in depth report provided containing the range of work undertaken to date and the initiatives in place to address obesity and unhealthy lifestyles.

5.3 Consideration was given to the range of contributors required for the review from NHS representatives, Public Health, Leisure Services, Community Groups to service users themselves. In order to gather input the valuable input from service users, a number of testimonials were sought from clients of various programmes.

5.4 The final report details the findings and recommendations of the Panel and is attached at Appendix 3(a).

5.5 In accordance with the Overview and Scrutiny / Cabinet Member Relations Protocol, the final report has been considered by the Adult Social Care and Health Scrutiny Committee, which approved the report for consideration by the Executive, and subsequently relevant partners. Councillors Simon Blackburn, Maria Kirkland and Lynn Williams as the relevant Cabinet Members, have provided their comments on the recommendations contained within the report.

5.5 Does the information submitted include any exempt information? No

### **5.6 List of Appendices:**

Appendix 3a: Healthy Weight Scrutiny Review final report.

### **6.0 Legal considerations:**

6.1 Contained within the body of the report.

### **7.0 Human Resources considerations:**

7.1 Not applicable.

**8.0 Equalities considerations:**

8.1 Not applicable.

**9.0 Financial considerations:**

9.1 Contained within the report at Appendix 3a, to the Executive agenda.

**10.0 Risk management considerations:**

10.1 Contained within the report at Appendix 3a, to the Executive agenda.

**11.0 Ethical considerations:**

11.1 Not applicable.

**12.0 Internal/ External Consultation undertaken:**

12.1 Contained within the report at Appendix 3a, to the Executive agenda.

**13.0 Background papers:**

13.1 None.

**14.0 Key decision information:**

14.1 Is this a key decision? No

14.2 If so, Forward Plan reference number:

14.3 If a key decision, is the decision required in less than five days? No

14.4 If **yes**, please describe the reason for urgency:

**15.0 Call-in information:**

15.1 Are there any grounds for urgency, which would cause this decision to be exempt from the call-in process? No

15.2 If **yes**, please give reason:

**TO BE COMPLETED BY THE HEAD OF DEMOCRATIC GOVERNANCE**

**16.0 Scrutiny Committee Chairman (where appropriate):**

Date informed:

Date approved:

**17.0 Declarations of interest (if applicable):**

17.1 None.

**18.0 Executive decision:**

18.1 The Executive resolved as follows:

To agree all the recommendations of the Healthy Weight Scrutiny Review final report action plan as outlined in Appendix 3a, to the Executive report, referring them to the relevant organisation where applicable and working towards their implementation and also noted the observations made by the relevant Cabinet Members:

**18.2 Date of Decision:**

4 March 2020

**19.0 Reason(s) for decision:**

The recommendations contained within final report seek to deliver improvements in healthy weight actions both by the Council and partners.

**19.1 Date Decision published:**

5 March 2020

**20.0 Executive Members present:**

20.1 Councillor Blackburn, in the Chair

Councillors Benson, Brookes, Campbell, Jackson, Kirkland, Smith, Taylor and L Williams.

**21.0 Call-in:**

21.1

**22.0 Notes :**

22.1 The following non-Executive members were in attendance:

Councillors Critchley, Farrell and Hobson

Councillor Hobson made a submission to the Executive in support of the recommendations of the Scrutiny Review into Healthy Weight. Councillor Hobson highlighted that the Scrutiny Review had been developed in line with the principles of the North West Employers Review of Scrutiny. The aim of the recommendations had been to build on existing practice but also to further address the issue of childhood obesity. Councillor Hobson explained that there were a number of recommendations that sought to work with Academy schools in particular to ensure that they offered catering that met the expected healthy eating standards.