

Blackpool, Fylde and Wyre Mental Health Services

Directory

Developed as part of the Vanguard Mental Health Integration Project

Placing you at the heart
of everything we do on
the Fylde Coast



your care
our priority

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Blackpool Mental Health Services



Red = Urgent Care/Secondary Mental Health Services

Amber = Primary Intermediate Mental Health Services/other M.H. Services



Green = Self-Referral / self-help, Mental Health Services/Charitable/Third Sector Organisations



Service	Age Group	Description	Types of presenting problems	Contact details and referral routes	Organisation
Youthery and walk and Talk Headstart (Blackpool)	11-25 years 	Providing Counselling, CBT, and EMDR plus drop in Emergency support	Feeling anxious, unhappy, confused or angry. Thoughts of self -harm.	Team Reception – 01253 955858	Blackpool Teaching Hospitals NHS Foundation Trust
Child and adolescent Self harm Enhanced response (CASHER) – (Blackpool)	Up to 25 years 	Out of hours support in A&E. Shift times 5pm-10pm mon-fri, 10am-3pm sat and sun	Thoughts of self- harm. Needs assessment following self- harm attempt	CASHER Team Shift 07810 696565	Blackpool Teaching Hospitals NHS Foundation Trust
Early Intervention Service (EIS)	14 – 65 years 	Professional referral. Early Intervention Service is based on the early detection of psychosis and evidence based interventions aimed at ameliorating the onset	The quality standard (80) is that all suspected first episode psychosis (FEP) will be assessed and if accepted will receive a NICE recommended package of care within 14 days of referral.	Team Reception - 01253 957470	Lancashire Care NHS Foundation Trust

		<p>of significant mental illness. Early</p> <p>Intervention Services (EIS) comprises of two functions: First Episode Psychosis (FEP) and those “At Risk” at risk of developing psychosis.</p>			
<p>Supporting Minds Improving Access to Psychological Therapies – Self referral pathway (Blackpool)</p>	<p>16 + (no upper age limit)</p> 	<p>Brief psychological interventions for mild – moderate conditions.</p>	<p>Mild to moderate anxiety disorders and depression.</p> <p>Therapy provided by a range of therapists including psychological wellbeing practitioners (pwp), CBT therapists, Counsellors, EMDR.</p> <p>Designated therapists providing link interventions to EPC teams.</p>	<p>Team Reception – 01253 955577</p>	<p>Blackpool Teaching Hospitals NHS Foundation Trust</p>
<p>Primary Intermediate Mental Health Team (Blackpool)</p>	<p>16+ years. Provides the referral pathway to Single Point of Access.</p>	<p>Professional referral. Telephone triage assessment of more complex mental health presentations. Signposting to other</p>	<p>Assessment, treatment and support for patients with moderate mental health problems leading to more complex issues.</p>	<p>Team Reception – 01253 951225 Email:SinglePoint.Access@blackpool.nhs.uk</p>	<p>Blackpool Teaching Hospitals NHS Foundation Trust and Blackpool Council</p>




	<p>Offers a range of adult mental health interventions and resources.</p> 	<p>mental health services, interface meetings undertaken, link working in neighbourhoods and access to psychological therapy and consultant psychiatrist.</p> <p>Outreach team offers specialist intervention in perinatal, older adult, families in need, autism and ADHD.</p>	<p>Advice support and signposting re: social inclusion.</p>		
<p>Community Mental Health Team (CMHT) & Adult MH Social Care – (Blackpool)</p>	<p>16 – 65 years</p> 	<p>Professional referral. Assessment and support of patients with confirmed diagnosis, relapse of known mental health issues, significant social care statutory requirements, relapse of personality disorder leading to high risk behaviours.</p>	<p>Serious Mental Health problems, such as Bi polar illness and Psychosis. Clozapine & Depot treatments.</p> <p>S117 & commissioned services including residential care. Focus on improving physical health & wellbeing, promoting social inclusion & vocational needs. Access community resources.</p>	<p>Team Reception – 01253 951750</p>	<p>Lancashire Care NHS Foundation Trust and Blackpool Council</p>


<p>Crisis Home Treatment Team</p>	<p>16+ years</p> 	<p>Crisis assessment and treatment to prevent admission to inpatient services.</p>	<p>Adults whose coping mechanisms and resources have become overwhelmed by onset or relapse of a severe mental illness or through experiencing significant situational change. The crisis renders the individual / carer unable to safely manage the changed circumstances, presenting a significant risk to themselves or others, requiring an urgent specialist assessment of MH needs.</p>	<p>Team Reception – 01253 956280</p>	<p>Lancashire Care NHS Foundation Trust</p>
<p>Mental Health A&E Liaison Team (Adult)</p>	<p>16 – 65 years</p> 	<p>Specialist Adult Mental Health Services covering Blackpool, Fylde & Wyre providing an assessment and liaison service, 24 hours, 365 days a year.</p>		<p>Team Reception – 01253 956841</p>	<p>Lancashire Care NHS Foundation Trust</p>

<p>Mental Health Decision Unit (MHDU) joint (LCFT & Richmond Fellowship</p>	<p>18 years – 65 years (16-17 year olds after discussion with senior management 1:1 support has to be provided)</p> 	<p>The MHDU is available 24 hours, 365 days a year. Admission process is only via attendance at BVH A&E department and following triage by MH Liaison Triage Nurse.</p> <p>Admission to the MHDU is for a maximum stay of 23 hours and the 4 chairs are occupied by patients with mental health capacity and are agreeable to the stay.</p> <p>The MHDU allows time to reflect and carry out further assessment by providing a safe place for people to wait for an in-patient bed.</p>	<p>Access to MHDU is determined by the level of risk that the person has and if this can be managed within the facility.</p> <p>Provides an alternative for assessment for those who have attended the A&E department and supports people in emotional crisis with brief support planning, de-escalation, self-management and coping strategies.</p>	<p>Team Reception 01253 956841</p>	<p>Lancashire Care Foundation Trust/Richmond Fellowship</p>
<p>Criminal Justice Liaison and Diversion service</p>	<p>10 years +</p> 	<p>All age, all vulnerability service based in custody suites and magistrates courts throughout Lancashire providing a liaison & diversion service. Service operates 7 days per</p>		<p>Team Reception - 01253 951773 01253 604011</p>	<p>Lancashire Care NHS Foundation Trust</p>

		week, 365 days a year between the hours of 8am and 8pm (Blackpool only).			
Horizon	25+ years 	Self-referral. Help to reduce dependence on alcohol and/or drugs. Sexual health services, confidential advice, HIV & blood borne virus screening, STI screening, harm reduction.	Drug/alcohol/substance dependence	Team reception – 01253 205156 Contact can be made via Facebook or Twitter. Email: hello@horizonblackpool.uk	Blackpool Council
Fylde Coast Older Adult Community Mental Health Team	65+ years 	Specialist Older Adult Mental Health Services covering Blackpool, Fylde & Wyre.	Assessment, diagnosis and treatment of severe and enduring mental health issues including longer term management of Dementia. Holds the 117 list co-located with social services for commissioned works ie care packages and residential care. Key focus is to maximise quality of life by promoting recovery, social inclusion and living well with Dementia.	Team reception – 01253 957350	Lancashire Care NHS Foundation Trust.

<p>Fylde Coast Rapid Intervention Treatment Team (RITT)</p>	<p>65+ years</p> 	<p>Specialist Older Adult Services covering Blackpool, Fylde & Wyre. OA Single Point of Access - for referrals operates 9-5 Monday to Friday. Home Treatment - operates 8am to 8pm 7 days a week</p>	<p>Provides intensive support in the community for people with acute mental health difficulties for a period of up to 6-8 weeks.</p> <p>Care Home Liaison Team (CHLT) - operates 9 -5pm Monday to Friday - for patients with a likely or diagnosed dementia and living in a permanent placement in a residential care home, CHLT staff work closely with families and carers looking at person centred care.</p>	<p>Team Reception - 01253 957581</p>	<p>Lancashire Care NHS Foundation Trust</p>
<p>Fylde Coast Memory Assessment services</p>	<p>Any Age</p> <p>Triage Inclusion criteria for Adults under 65 with suspected Dementia.</p> <p>Will work alongside other services to</p>	<p>Specialist Older Adult Services covering Blackpool, Fylde & Wyre. Memory assessment, diagnostic, treatment and post diagnostic support for all patients without an existing diagnosis of dementia</p>	<p>Referrals accepted directly from GP's. Patients are offered a telephone clinical triage by the Memory Service, if a referral is accepted into services and once all the relevant information is collated we aim to offer initial assessment within 6 weeks.</p>	<p>Team reception – 01253 956017</p>	<p>Lancashire Care NHS Foundation Trust</p>

	<p>diagnose an earlier onset dementia.</p> 				
<p>Emergency Duty Team</p>	<p>Any age</p> 	<p>Out of hours service 7 days per week providing support, advice for those in emergency situations.</p>	<p>Professionals and public can contact the team for support during emergency circumstances.</p>	<p>Team reception – 01253 477600</p>	<p>Blackpool Council</p>
<p>Blackpool Fulfilling Lives</p>		<p>Self-referral, professional referral. Support service offering assistance to people with multiple and complex needs e.g. homelessness/mental health/substance misuse/offending behaviour alongside difficulties in engaging with services.</p>	<p>Homelessness/mental health/substance misuse/offending behaviour</p>	<p>Team reception – 01253 208821 www.blackpoolfulfillinglives.org.uk</p>	<p>Addaction</p>
<p>Blackpool Carers Centre</p>	<p>5 years upwards. The person being cared for must live in Blackpool or be registered with Cleveleys Group</p>	<p>Self-referral or professional referral. Visit and short informal assessment to determine the correct level of support the Centre can offer, including, advocacy, age specific support, befriending, carers</p>	<p>Provides a range of services to support the physical and emotional health and wellbeing of carers and their families in Blackpool.</p>	<p>Team reception 01253 393748 Facebook/blackpoolcarers or Twitter @blackpoolcarers Email: dawn.maher@blackpoolcarers.org</p>	<p>Carers Trust</p>



	<p>Practice or the Crescent Surgery, Cleveleys</p> 	<p>awareness training, complementary therapies, consultation groups, counselling, craft groups, dementia training, drop-in centre.</p>			
<p>Blackpool Advocacy Empowerment</p>	<p>Children and adult service</p> 	<p>Empowerment is a health and social care charity working across Blackpool and The Fylde Coast with a range of support services.</p>	<p>We support people affected by domestic abuse, health and social care problems and dementia. We work to empower people and help them to overcome the challenges they are facing</p> <p>Requiring support with caring role, wanting to access respite.</p>	<p>Contact tel: 01253 477959</p>	<p>Empowerment Charity</p>
<p>Butterfly & Phoenix Project</p>	<p>Age 11-18 (parental consent required for under 13's)</p> 	<p>The Butterfly & Phoenix projects aim to equip young people to cope better with difficult circumstances, preventing them from escalating into more serious issues through Counselling.</p> <p>Covering Fylde, Wyre, Preston, South Ribble and Chorley.</p>	<p>Self harm. Feeling anxious, unhappy, confused or angry.</p>	<p>Contact tel: 0345 0138 208 CAdmin@ncompassnorthwest.co.uk</p>	


Fylde and Wyre Mental Health Services



Red = Urgent Care/Secondary Mental Health Services


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Green = Self-Referral / self-help, Mental Health Services/Charitable/Third Sector Organisations

Service	Age Group	Description	Types of presenting problems	Contact details and referral routes	Organisation
Child and Adolescent Mental Health service (CAMHS)	0-19 years 	Professional referral. Specialist MDT providing assessment and a range of therapeutic interventions. Providing advice and consultation to other professionals.	ADHD Anxiety Depression Obsessional problems.	Team Reception – 01253 957166	Blackpool Teaching Hospitals NHS Foundation Trust
Early Intervention Service (EIS)	14 – 65 years 	Professional referral. Early Intervention Service is based on the early detection of psychosis and evidence based interventions aimed at ameliorating the onset of significant mental illness. Early Intervention Services (EIS) comprises of two functions: First	The quality standard (80) is that all suspected first episode psychosis (FEP) will be assessed and if accepted will receive a NICE recommended package of care within 14 days of referral.	Team Reception - 01253 957470	Lancashire Care NHS Foundation Trust

		Episode Psychosis (FEP) and those “At Risk” at risk of developing psychosis.			
Community Mental Health Team Adult (Wyre)	16 – 65 years 	Professional referrals. Assessment of Health and Social Care needs, supporting service users who are experiencing serious mental health illness in the community. Offering expert support and co-ordination for service users who are discharged from in-patient services. Relapse intervention and support.	Assessment, diagnosis and treatment of severe and enduring mental health issues including longer term management of risk. Criteria to access services: Bi- polar illness, Psychosis. Clozapine & Depot treatments and Personality Disorders. Focus on improving physical health & wellbeing, promoting social inclusion & vocational needs. Access community resources Holding section 117 list co-located with social services for commissioned work. ie care packages, supported tenancy and residential care ongoing reviews. Statutory requirements under the Care Act	Team Reception (Wyre) – 01253 951830	Lancashire Care NHS Foundation Trust and Lancashire County Council



<p>Community Mental Health Team Adult (Fylde)</p>	<p>16 – 65 years</p> 	<p>Professional referrals. Assessment of Health and Social Care needs, supporting service users who are experiencing serious mental health illness in the community. Offering expert support and co-ordination for service users who are discharged from in-patient services. Relapse intervention and support.</p>	<p>Assessment, diagnosis and treatment of severe and enduring mental health issues including longer term management of risk. Criteria to access services: Bi- polar illness, Psychosis. Clozapine & Depot treatments and Personality Disorders. Focus on improving physical health & wellbeing, promoting social inclusion & vocational needs. Access community resources Holding section 117 list co-located with social services for commissioned work. ie care packages, supported tenancy and residential care ongoing reviews. Statutory requirements under the Care Act</p>	<p>Team Reception (Fylde) – 01253 951355</p>	<p>Lancashire Care NHS Foundation Trust</p> <p>and Lancashire County Council</p>
<p>Crisis Home Treatment Team</p>	<p>16+ years</p> 	<p>Crisis assessment and treatment to prevent admission to inpatient services.</p>	<p>Adults whose coping mechanisms and resources have become overwhelmed by onset or relapse of a</p>	<p>Team Reception – 01253 956280</p>	<p>Lancashire Care NHS Foundation Trust</p>

			<p>severe mental illness or through experiencing significant situational change.</p> <p>The crisis renders the individual / carer unable to safely manage the changed circumstances, presenting a significant risk to themselves or others, requiring an urgent specialist assessment of MH needs.</p>		
<p>Mental Health A&E Liaison Team (Adult)</p>	<p>16 – 65 years</p> 	<p>Specialist Adult Mental Health Services covering Blackpool, Fylde & Wyre providing an assessment and liaison service, 24 hours, 365 days a year.</p>		<p>Team Reception – 01253 956841</p>	<p>Lancashire Care NHS Foundation Trust</p>
<p>Mental Health Decision Unit (MHDU) joint (LCFT & Richmond Fellowship)</p>	<p>18 years – 65 years (16-17 year olds after discussion with senior management 1:1 support</p>	<p>The MHDU is available 24 hours, 365 days a year. Admission process is only via attendance at BVH A&E department and</p>	<p>Access to MHDU is determined by the level of risk that the person has and if this can be managed within the facility.</p>	<p>Team Reception 01253 956841</p>	<p>Lancashire Care Foundation Trust/Richmond Fellowship</p>

	<p>has to be provided)</p> 	<p>following triage by MH Liaison Triage Nurse.</p> <p>Admission to the MHDU is for a maximum stay of 23 hours and the 4 chairs are occupied by patients with mental health capacity and are agreeable to the stay. The MHDU allows time to reflect and carry out further assessment by providing a safe place for people to wait for an in-patient bed.</p>	<p>Provides an alternative for assessment for those who have attended the A&E department and supports people in emotional crisis with brief support planning, de-escalation, self-management and coping strategies.</p>		
<p>Criminal Justice Liaison and Diversion service</p>	<p>10 years +</p> 	<p>All age, all vulnerability service based in custody suites and magistrates courts throughout Lancashire providing a liaison & diversion service. Service operates 7 days per week, 365 days a year between the hours of 8am and 8pm (Blackpool only).</p>		<p>Team Reception - 01253 951773 01253 604011</p>	<p>Lancashire Care NHS Foundation Trust</p>

<p>Horizon</p>	<p>25+ years</p> 	<p>Self referral. Help to reduce dependence on alcohol and/or drugs. Sexual health services, confidential advice, HIV & blood borne virus screening, STI screening, harm reduction.</p>	<p>Drug/alcohol/substance dependence</p>	<p>Team reception – 01253 205156</p> <p>Contact can be made via Facebook or Twitter. Email: hello@horizonblackpool.uk</p>	<p>Blackpool Council</p>
<p>Fylde Coast Older Adult Community Mental Health Team</p>	<p>65+ years</p> 	<p>Specialist Older Adult Mental Health Services covering Blackpool, Fylde & Wyre.</p>	<p>Assessment, diagnosis and treatment of severe and enduring mental health issues including longer term management of Dementia. Holds the 117 list co-located with social services for commissioned works ie care packages and residential care. Key focus is to maximise quality of life by promoting recovery, social inclusion and living well with Dementia.</p>	<p>Team reception – 01253 957350</p>	<p>Lancashire Care NHS Foundation Trust.</p>

<p>Fylde Coast Rapid Intervention Treatment Team (RITT)</p>	<p>65+ years</p> 	<p>Specialist Older Adult Services covering Blackpool, Fylde & Wyre. OA Single Point of Access - for referrals operates 9-5 Monday to Friday. Home Treatment - operates 8am to 8pm 7 days a week</p>	<p>Provides intensive support in the community for people with acute mental health difficulties for a period of up to 6-8 weeks.</p> <p>Care Home Liaison Team (CHLT) - operates 9 -5pm Monday to Friday - for patients with a likely or diagnosed dementia and living in a permanent placement in a residential care home, CHLT staff work closely with families and carers looking at person centred care.</p>	<p>Team Reception - 01253 957581</p>	<p>Lancashire Care NHS Foundation Trust</p>
<p>Fylde Coast Memory Assessment services</p>	<p>Any Age Triage Inclusion criteria for Adults under 65 with suspected Dementia.</p> <p>Will work alongside other services to</p>	<p>Specialist Older Adult Services covering Blackpool, Fylde & Wyre. Memory assessment, diagnostic, treatment and post diagnostic support for all patients without an existing diagnosis of dementia</p>	<p>Referrals accepted directly from GP's. Patients are offered a telephone clinical triage by the Memory Service, if a referral is accepted into services and once all the relevant information is collated we aim to offer initial assessment within 6 weeks.</p>	<p>Team reception – 01253 956017</p>	<p>Lancashire Care NHS Foundation Trust</p>

	<p>diagnose an earlier onset dementia.</p> 				
<p>Butterfly & Phoenix Project</p>	<p>Age 11-18 (parental consent required for under 13's)</p> 	<p>The Butterfly & Phoenix projects aim to equip young people to cope better with difficult circumstances, preventing them from escalating into more serious issues through Counselling.</p> <p>Covering Fylde, Wyre, Preston, South Ribble and Chorley.</p>	<p>Self harm. Feeling anxious, unhappy, confused or angry.</p>	<p>Contact tel: 0345 0138208</p> <p>Counsellingteam@ncompassnorthwest.co.uk</p>	
<p>Fylde & Wyre Carers Service – Mental Health</p>	<p>Can support carers 18+ who are caring for someone 16+ with a mental health condition</p> 	<p>Works across Lancashire (not including Blackpool) to complete Carers Assessments, Peace of Mind for Carers Plans, Coffee and chat groups, 1 to 1 support, sitting in service, access to 24 hour CHAT line.</p>	<p>Requiring support with the caring role, wanting to access respite.</p>	<p>Contact tel: 03450138208</p> <p>CAdmin@ncompassnorth West.co.uk</p>	<p>n-compass North West</p>

Advocacy in Lancashire

18+



Work across Lancashire (not including Blackpool)

Support for adults 18+ who wish to or are accessing or dealing with health and social services and mental health services but are not restricted under the Mental Health Act (2007).

Independent Mental Health Advocacy (IMHA) for people 18+ restricted under the Mental Health Act (2007).

Independent Mental Health Capacity Advocacy (IMCA) for people 16+ who lack the capacity to make specific decisions under the Mental Capacity Act (2005).

Independent Mental Capacity Advocate Deprivation of Liberty Safeguard (IMCA DoLs) for people 18+ who lack capacity and are going through the DoLs authorisation process.

Relevant Persons Representative (RPR) for people 18+ who are deprived of their liberty

Contact tel: 033 000222 00

admin@advocacyinlancashire.co.uk

n-compass Northwest

			under Deprivation of Liberty Safeguards (DoLs) in the Mental Capacity Act (2005).		
Lancashire Wellbeing Service	18+ 	The Lancashire Wellbeing Service, aims to support adults, families and carers who have long term health conditions, low level emotional health and with lifestyle or social issues	Mild mental health problems, problems with finance, family, employment etc., social isolation, struggling to cope/feeling overwhelmed, substance misuse/smoking/healthier lifestyle needs. Work with the clients, their families and partner agencies to deliver innovative, high quality services that meet individual needs and aspirations.	0345 0138 208 info@lancswellbeing.co.uk	Consortium provided by n-compass North West, Richmond Fellowship and Age Concern Central Lancashire
Creative Support	18 years + 	Creative Support is a charitable organisation who promotes the independence, inclusion and wellbeing of people with care and support	Professionals and volunteers delivering support in mental health, older people, dementia support, learning disability, carer support and supported housing services.	Contact tel: 01253 751478 www.creativesupport.co.uk	Creative Support Ltd Charity

		<p>needs.</p> <p>Provides services in the local communities, conducting home visits and providing specialist care and support services.</p>			
<p>Making Space</p>	<p>18 years +</p> 	<p>Our professional, caring employees and volunteers deliver our services with dignity, respect and compassion, focusing on outcomes that help the people we support have the freedom to enjoy an everyday life.</p>		<p>www.makingspace.co.uk</p>	<p>Making Space Health & Social Care</p>
<p>Minds Matters</p>	<p>16 years +</p> 	<p>Access to Psychological Therapies for IAPT for those living in Fylde and Wyre – self referral.</p>	<p>For those struggling with common difficulties such as stress, anxiety and depression.</p>	<p>Fylde & Wyre Minds Matter 01253 955943</p>	<p>Lancashire Care NHS Foundation Trust</p>
<p>Emergency Duty Team</p>	<p>Any age</p> 	<p>Out of hours service 7 days per week 20.00hrs – 8.00am providing advice and support. Advice for emergency situation.</p>	<p>Professionals and public can contact the team for support during emergency circumstances.</p>	<p>AMHP Hub EDT 0300 123670121</p>	<p>Lancashire County Council Social Services</p>

