

Report to:	HEALTH AND WELLBEING BOARD
Relevant Officer:	Dr Arif Rajpura, Director of Public Health
Relevant Cabinet Member	Councillor Amy Cross, Cabinet Member for Adult Services and Health
Date of Meeting:	5 December 2018

PUBLIC MENTAL HEALTH ACTION PLAN 2016-19 UPDATE

1.0 Purpose of the report:

- 1.1 To provide an update on the progress made on delivering the actions of the Public Mental Health Action Plan 2016-19.

2.0 Recommendation(s):

- 2.1 To note the update on the Public Mental Health Action Plan.
- 2.2 To discuss future actions for mental health with a view to, if necessary, reporting back to the next Board meeting.

3.0 Reasons for recommendation(s):

- 3.1 The Public Mental Health Action Plan is due to expire in March 2019. An update on the actions is timely along with a discussion on the strategic direction of public mental health post-March 2019.

3.2a Is the recommendation contrary to a plan or strategy adopted or approved by the Council? No

3.2b Is the recommendation in accordance with the Council's approved budget? Yes

3.3 Other alternative options to be considered:

None.

4.0 Council Priority:

- 4.1 The relevant Council Priority is: "Communities: Creating stronger communities and increasing resilience".

5.0 Background Information

5.1 The Public Mental Health Action Plan was approved by the Health and Wellbeing Board on 19 April 2017 and is attached at Appendix 5a. Promoting mental health and wellbeing is integral to any strategies to improve health and reduce health inequalities. The plan was underpinned by national policy and guidance. The actions were developed using data on local needs and evidence of what works to improve mental wellbeing. Four key priorities were therefore identified:

- Promoting good mental health and resilience across the population;
- Preventing mental ill health and suicide;
- Reducing the stigma and discrimination associated with mental illness;
- Improving the quality and length of life of people living with mental illness.

A presentation will be given to update the board as to progress made. The current action plan is also attached for information at Appendix 5a to this report.

5.2 Does the information submitted include any exempt information? No

5.3 List of Appendices

Appendix 5a: Mental Health Action Plan (Approved by Health and Wellbeing Board 19 April 2017).

6.0 Legal considerations:

6.1 None.

7.0 Human Resources considerations:

7.1 None

8.0 Equalities considerations:

8.1 None.

9.0 Financial considerations:

9.1 None.

10.0 Risk management considerations:

10.1 None.

11.0 Ethical considerations:

11.1 None.

12.0 Internal/ External Consultation undertaken:

12.1 None.

13.0 Background papers:

13.1 None.